

# **The Virginia Association of Activity Professionals**



**Annual Conference March 29 – 31, 2023**

**Holiday Inn Tanglewood**

**Roanoke, VA**

**VAAP Members: \$275.00 includes Breakfast and Lunch on Thursday & Friday; Socials on Wednesday & Thursday; 10 Hours of Continuing Education; Opportunities to Network with Activity Professionals Throughout Virginia**

**Hotel Room Rate: \$89.00/night; Free parking;  
Call 540-774-4400 on or before March 1, 2023**

**For more information on the Conference visit [www.VAAPONLINE.org](http://www.VAAPONLINE.org)  
Hosted by The Southwestern Virginia Association of Activity Professionals**

**Virginia Association of Activity Professionals  
VAAP Conference 2023  
Holiday Inn Tanglewood, Roanoke Virginia**

**Wednesday, March 29, 2023**

**7:00-9:00 PM            Ballroom**  
Registration and **SWVAAP Social with ice cream bar**

**Thursday, March 30, 2023**

7:00 AM-5:00 PM Vendor showcase by Collective Goods  
7:30 AM Continental Breakfast in the Ballroom  
8:00 AM Keynote address in the Ballroom by Steve Kissell (Professional motivational speaker and retired law enforcement officer. Owner of Mirthworks Inc.)  
    "Surviving Life With Laughter" 1 educational credit  
9:00 AM break  
9:15 AM  
    Steve Kissell  
        "Teambuilding With Laughter"  
        1 educational credit  
    Delaine Caldwell, LTC Ombudsman, Local Office on Aging Inc.  
        "Working Together With Your LTC Ombudsman"  
        1 educational credit  
    Jonathan Tate, ADC, Human Resources Professional, Warm Hearth Village  
        "Volunteering and Human Resources"  
        1 educational credit  
10:15 AM Break  
10:30 AM  
    Steve Kissell  
        "Teambuilding With Laughter" (repeat)  
    Delaine Caldwell (repeat)  
        "Working Together With Your LTC Ombudsman" (repeat)  
    Jonathan Tate, ADC Human Resources Professional  
        "Code Black-Safety and Security"  
        1 educational credit  
11:30AM-1:30 PM Lunch and Annual meeting in the Ballroom  
1:45 PM  
    Carrie Morgan, Certified Integral Sound Healing Practitioner, Reiki Practitioner  
        "Benefits of Sound Healing", Sound Therapy  
        1.5 educational credits  
    Tom Adams, BA Music, ADC and Beverly Adams, BA Music, ADC, CDP  
        Celebrating Life: Creating a Dynamic Activity Calendar  
        1.5 educational credits

Susan Bryant, Wellness Program Manager, Richfield Retirement Community;  
Certified to teach Tai Chi, Body Recall and Arthritis Foundation classes.  
“Have a Ball” Group Exercise Programming  
1.5 educational credits

3:15 PM Break

3:30 PM

Carrie Morgan

“Benefits of Sound Healing”, Sound Therapy (repeat)

Tom and Beverly Adams

Celebrating Life: Creating a Dynamic Activity Calendar (repeat)

Susan Bryant

“Have a Ball” Group Exercise Programming (repeat)

5:00 PM Dinner on your own

**7:30 PM VAAP Dessert Social with live entertainment**

**6 Total Educational Credits for Thursday**

### **Friday, March 31, 2023**

7:30 AM Continental Breakfast in the Ballroom

8:00 AM Keynote speaker in the Ballroom , Frank DeAngelis, (Retired teacher and High School Principal at Columbine High School. Currently a consultant for Safety and Emergency Management for Jeffco School District)

Part I “On Any Given Day” Leadership Lessons from and Beyond

1.5 educational credits

9:30 Break

9:45 AM

Frank DeAngelis, Retired Principal of Columbine High School

Part II “On Any Given Day” Leadership Lessons from Columbine and Beyond

1.5 educational credit

11:15 AM -12:30 PM Brunch, announcements and 50/50 Raffle

12:30 PM

“ Best Practices for Managing Disruptive Behaviors in Residents with Dementia”

Brooke Gill, Program Manager, Alzheimer’s Association, Central Region

1 educational credit

1:30 PM Conference ends

**4 Total Educational Credits for Friday**

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**10 Total Educational Credits Full Conference**



## Membership Application

Please type or print the VAAP Membership Application below and send it with a check or money order for \$50.00 made payable to "VAAP" to: Jo Tice, MS,CTRS, 8041 Fallbrooke Drive. North Chesterfield, VA 23235. Membership year runs January 1st to December 31st. In order to be eligible to vote during an election year, dues must be postmarked by February 15.

Name: \_\_\_\_\_ Previous Name Used: \_\_\_\_\_

Position: \_\_\_\_\_ E-mail(W) \_\_\_\_\_

Facility: \_\_\_\_\_

Facility Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (W) (\_\_\_\_) \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail(H) \_\_\_\_\_ Phone: (cell/home) (\_\_\_\_) \_\_\_\_\_

New Member: \_\_\_\_\_ Renewal: \_\_\_\_\_ District: \_\_\_\_\_

VAAP Tax#: 54-1381140

We accept VISA, DISCOVER, MASTERCARD Secure credit card payment through PAYPAL can be made on the VAAP website, [www.vaaponline.org](http://www.vaaponline.org) under the membership tab. You do not need to have a PAYPAL account to pay online.

Do You Want Your Mail Sent To Your Home or Facility? \_\_\_\_\_

May VAAP include your name and address on lists that are made available to organizations or companies that may be of interest to you as an Activity Professional? Yes \_\_\_\_\_ No \_\_\_\_\_

Membership is granted to individuals. Dues are non-transferable.

**VAAP Conference 2023**  
**“Stronger Together”**  
**March 29-31, 2023**  
**Roanoke, Virginia**

**Conference Registration form**  
Online Registration available at [www.VAAPONLINE.org](http://www.VAAPONLINE.org)

Name: \_\_\_\_\_ Job title: \_\_\_\_\_

Facility: \_\_\_\_\_ VAAP member ? Y / N

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Personal cell: \_\_\_\_\_ Work phone: \_\_\_\_\_

Personal email: \_\_\_\_\_ Work email: \_\_\_\_\_

**Registration fees**

***Post marked by March 15, 2023***

***Late Registration after 3/15/23***

\_\_\_\_ VAAP member cost: \$275.00

\_\_\_\_ VAAP member: \$325.00

\_\_\_\_ Non VAAP member cost: \$375.00

\_\_\_\_ Non VAAP member: \$425.00

Breakfast and lunch meals are included with registration. Dinner will be on your own. There will also be a social including dessert each evening. All meals are buffet style. Vegetarian choices will be available on the buffet.

**Guest meals may be purchased individually at a cost of \$30.00 each. You must make a reservation for these. Guest meals: \_\_\_\_\_ Conference Total cost: \_\_\_\_\_**

Make your own room accommodations through the Holiday Inn Tanglewood at: 1-540-774-4400 or [hotelreport123@gmail.com](mailto:hotelreport123@gmail.com). Make sure you reference the VAAP Conference. ***Room rates are only guaranteed until March 1.***

**No cancellation or refunds given after March 15. Substitutions are welcome.**

All cancellations are subject to a \$50 processing fee. Returned checks are subject to a \$50 service charge. **Company check policy:** Make checks payable to VAAP. Ensure that the attendee’s name is written in the memo line of the check. **Email Jo Tice at [vaaptreasurer@gmail.com](mailto:vaaptreasurer@gmail.com) with any other questions regarding payment or registration**